



Introducing Violet™ Iodine

The only molecular iodine treatment that relieves cyclic breast discomfort.⁽¹⁾

Violet iodine is the only molecular iodine supplement that addresses menstrual-related breast discomfort and alleviates the symptoms associated with fibrocystic breast changes including: menstrual-related mastalgia, tenderness, swelling, aches and heaviness.⁽¹⁾

The unique, patented molecular iodine formula targets breast tissue⁽²⁾ and can reduce the breast cell build-up that results in breast discomfort.⁽¹⁾ With consistent daily use, Violet iodine has been shown to help maintain healthy breast tissue.

Supplement Facts	
Serving Size: 1 Tablet Servings Per Container: 60	
Amount Per Serving	% Daily Value
Iodine (as 84% potassium iodide, 16% potassium iodate) †	3000 mcg 2000%
Selenium (as sodium selenite)	55 mcg 79%

Other Ingredients: Mannitol, sodium carbonate, sorbitol, croscarmellose sodium, magnesium stearate.

† Forms molecular iodine (I₂) when ingested.*

Why Molecular Iodine?

Importantly, there are significant therapeutic differences between molecular iodine (I₂) and iodide (I⁻). Molecular iodine's antiproliferative and apoptotic activity in mammary tissue make it an effective therapeutic for fibrocystic breast changes.⁽¹⁾ Following a series of uncontrolled clinical studies with different forms of iodine, Drs. Ghent, Eskin, Low and Hill concluded: *"These results indicate the superiority of molecular iodine over iodides when treating fibrocystic breast disease."*^(1,3)

Strong Results

A daily regimen of molecular iodine can provide relief from cyclic breast discomfort.⁽¹⁾ Molecular iodine has been used in clinical trials in 1,476 women over three decades.^(3,4) A recent clinical study showed that up to 74% of women experienced improvement in their breast discomfort.^(1,3)

Violet Iodine Quick Facts

- **Alleviates the most common symptoms** of FBC: cyclic mastalgia, breast tenderness, swelling, aches and heaviness⁽¹⁾
- **Unique, patented molecular iodine (I₂)** formula targets breast tissue^(1,2)
- Supported by **decades of research** and clinical development⁽¹⁾
- Creating the **new breast health standard** of care⁽¹⁾

Suggested Use

Recommended for women who suffer from cyclic breast discomfort.⁽¹⁾ Depending on symptom severity, take either 1 or 2 tablets on an empty stomach. First tablet should be taken every morning. If second tablet is needed, take every evening. Wait 30 minutes before eating and/or taking other supplements or medications. Initial symptom relief may take several months. Continue daily regimen to maintain relief and promote optimal breast health.⁽¹⁾

For more information: www.VioletMD.com

(1) These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

(2) Iodine is also delivered to other tissues in the body.

(3) WR Ghent, BA Eskin, DA Low, LP Hill, "Iodine Replacement in Fibrocystic Disease of the Breast." CJS Oct. 1993; 36(5) 453-459

(4) JH Kessler, "The Effect of Supraphysiologic Levels of Iodine on Patients with Cyclic Mastalgia." The Breast Journal, 2004; 10(4) 328-336